

At-A-Glance Contact List

	Phone	Email	Website
CPG Client Services Pension, Retirement Plans & Individual Life Insurance	(866) 802-6333 (877) 432-9274 (fax)	<i>benefits@cpg.org</i>	<i>www.cpg.org</i> <i>www.cpg.org/myaccount</i>
Medical, Dental, & Group Life/Disability Monday – Friday, 8:30AM – 8:00PM ET	(800) 480-9967 (877) 432-9274 (fax)	<i>mtcustserv@cpg.org</i>	<i>www.cpg.org</i>

Retirement Plans	Website	Phone/Hours	App
Fidelity (for the Lay Defined Contribution and Retirement Savings Plan)	<i>www.netbenefits.com</i> <i>www.cpg.org/myaccount</i>	(877) 208-0092 Monday – Friday, 8:30AM – 11:00PM ET	Net Benefits Mobile App Fidelity Investment Mobile App

Health Plans (ID Cards issued)	Website	Phone/Hours	App
Anthem Blue Cross Blue Shield	<i>www.Anthem.com</i>	(844) 812-9207 Monday – Friday, 9:00AM – 8:00PM ET	Anthem Anywhere Mobile App
Cigna Medical/Dental Behavioral Health & EAP	<i>www.cigna.com</i>	(800) 244-6224 (24/7) Members: (866) 395-7794 (24/7) Pre-Member Info: (800) 926-2273 (24/7)	myCigna Mobile App
Kaiser Permanente	<i>www.kp.org</i>	Colorado: (877) 883-6698 Georgia: (866) 800-1486 Mid-Atlantic States: (877) 740-4117 Northwest: (866) 800-3402 Northern California: (800) 663-1771 Southern California: (800) 533-1833	Kaiser Permanente Mobile App
Express Scripts Prescription Drug Benefits	<i>www.express-scripts.com</i>	(800) 841-3361 (24/7)	Express Scripts Mobile App

Additional Benefits	Website	Phone/Hours	App
Amplifon Hearing Health Care	<i>www.amplifonusa.com</i>	(866) 349-9055 Monday – Friday, 8:00AM – 8:00PM ET	
EyeMed Vision Care	<i>www.eyemedvisioncare.com/ecmt</i>	Members: (866) 723-0513 Pre-enrollment: (866) 723-0596 Monday – Saturday, 8:00AM – 11:00PM ET Sunday 11:00AM – 8:00PM ET	EyeMed Members Mobile App
Health Advocate	<i>www.HealthAdvocate.com</i> <i>password: episcopal</i>	(866) 695-8622 (24/7)	Health Advocate Mobile App
HealthEquity (Health Savings Accounts) Debit Cards may be issued	<i>www.healthequity.com</i>	(866) 346-5800 (24/7)	HealthEquity Mobile App
UnitedHealthcare Global Assistance	<i>www.members.uhcglobal.com/</i>	(800) 527-0218 (from U.S., Canada, Puerto Rico, Virgin Islands and Bermuda) (410) 453-6300 (from all other locations, call collect) Open 24/7	<i>m.members.uhcglobal.com</i>